

MY YEAR PLAN

FOR PERSONAL SUCCESS



lifecraftsmanship.com

MY YEAR PLAN

YEAR:

MOTIVATIONAL QUOTE

GOAL

DUE DATE



REFLECTION ON THE PAST

WHAT DID I DO WELL IN THE LAST 12 MONTHS?

WHAT CHALLENGES DID I ENCOUNTER DURING THE LAST 12 MONTHS?

WHICH LESSONS DID I LEARN DURING THE LAST 12 MONTHS?



SET UP YOUR GOALS

S

Specific



STEP ONE

CLEARLY DEFINE YOUR GOAL TO ENSURE IT'S STRAIGHTFORWARD AND UNAMBIGUOUS

M

Measurable



STEP TWO

INCLUDE MEASURABLE CRITERIA TO TRACK YOUR PROGRESS AND STAY MOTIVATED

A

Achievable



STEP THREE

SET A GOAL THAT IS REALISTIC AND ATTAINABLE, CONSIDERING YOUR RESOURCES AND CONSTRAINTS

R

Relevant



STEP FOUR

ENSURE YOUR GOAL ALIGNS WITH YOUR BROADER OBJECTIVES AND IS WORTHWHILE

T

Time



STEP FIVE

ESTABLISH A DEADLINE TO CREATE A SENSE OF URGENCY AND PRIORITISE YOUR TASKS



LIFE CRAFTSMANSHIP

INDIVIDUAL GOAL BREAKDOWN

REACH YOUR GOALS

THE GOAL

START DATE

DUE DATE

CATEGORY

PURPOSE AND MOTIVATION

ACTION STEPS

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

CHALLENGES

HOW CAN I OVERCOME CHALLENGES

NOTES :

YOUR CELEBRATION

MONTHLY PLANNER

MONTH: _____

MOTIVATIONAL QUOTE

FINANCIAL GOALS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

HEALTH GOALS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

CAREER GOALS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

BUSINESS GOALS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

PERSONAL DEVELOPMENT

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

CATEGORY: _____

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

An overview of my monthly goals or actions to help track completion and keep me on the path to success.

Notes

